WELCOME TO YOU SEE SAN DIEGO!

TRITON TIPS IS YOUR BEST SHORTCUT TO GOOD FOOD, HANGOUTS, SOCIAL STUFF, AND MORE ON CAMPUS.

WHY?

WE SURVEYED THOUSANDS OF RESIDENT TRITONS, EAGER TO SHARE THEIR EXPERIENCES WITH RESTAURANTS, MARKETS, PEOPLE, AND ACTIVITIES. RECOMMENDATIONS IN THIS BOOK ARE NOT ADVERTISERS... “BEST” STATUS WAS AWARDED BY STUDENTS WHO ACTUALLY LIVE, EAT, WORK, AND PLAY AT UC SAN DIEGO.

WHERE TO GO FOR THOSE MIDNIGHT MUNCHIE RUNS?

LOOKING FOR THE BEST VIEWS IN ORDER TO DE-STRESS?

WANNA JOIN A GROUP OF MIDNIGHT KAYAKERS AT LA JOLLA COVE?

THIS NO-B.S. BOOK HAS ALL THE INFO YOU’RE LOOKING FOR! DISCOVER ALL THE HIDDEN GEMS THAT CAMPUS HAS TO OFFER—AND MAKE YOUR FIRST YEAR ON CAMPUS AN UNFORGETTABLE EXPERIENCE!

XO,
THE TRITON TIPS TEAM
Like us on social media and stay tuned for more details about our room decorating contest this fall. You could win a polaroid camera, a pizza party for your suite, and your amazing decorating skills will be featured in this brochure (seen by thousands)!

#ucsdbestroomever

facebook/ucsdhousingdining
instagram/ucsd_hdh
Hold your campus ID card like your life depends on it, because it’s used for a lot of things:

**YOU NEED TO EAT**

You get hungry, right? Go spend your dining dollars! Swipe your ID card to buy whatever your appetite desires—dining dollars can be spent at all HDH Dining Services restaurants and markets on campus. For a full list, visit the dining section @ hdh.ucsd.edu.

**USE IT TO PLAY**

No need to carry around an extra credit card when you have Triton Cash, which is accessed through your campus ID card. You (or your parents) can add money online, and it’s fast, easy and safe! Use it at 60+ locations on and off campus:

- Vendors located in Price Center and the Campus Bookstore
- Recreation classes, surf lessons, kayaking & more

Check out tritoncash.ucsd.edu.
STAY FRESH

IF YOU PLAN ON USING THE LAUNDRY MACHINES ON CAMPUS (LET’S HOPE YOU DO!) YOU’LL NEED YOUR CARD TO GET THE MACHINES GOING.

• WASH = $1.25

• DRY = $1.00 (EXTRA 15 MINUTES 25¢)

WANNA GET AWAY?

IF YOU LIKE TO SLEEP, CHILL WITH YOUR ROOMMATES, WATCH TV... YOU PROBABLY WANT TO DO IT IN YOUR APARTMENT OR RESHALL. YOUR CAMPUS ID CARD OPENS YOUR FRONT DOOR ;)

YOU GET THE POINT. YOU NEED YOUR CAMPUS CARD FOR ALMOST EVERYTHING YOU DO!

CONTACT TRITON CARD ACCOUNT SERVICES (TCAS) AT 858.534.7587 OR TRITONCARDACCOUNTS@UCSD.EDU.

AMAZON @ UC SAN DIEGO

VISIT THE BOOKSTORE TO EXPERIENCE AMAZON@UCSANDieGO. ORDER CAMPUS ESSENTIALS ONLINE AND PICKUP AT SEVERAL LOCATIONS AROUND CAMPUS! VISIT UCSD.AMAZON.COM TO GET STARTED.
**BUS LINES FROM UCSD**

- 201/202 UTC, VONS, TRADER JOE’S, RALPHS
- 41 TARGET, CONVOY, FASHION VALLEY, VALLARTAS
- 150 DOWNTOWN SD
- 101 DEL MAR, OCEANSIDE, SOLANA TRAIN STATION
- 30 SHORES BEACH, DOWNTOWN LA JOLLA

*When riding the bus, pull the string BEFORE your desired stop.*

**UCSD SHUTTLES**

- CAMPUS LOOP, REGENTS, THORNTON, HILLCREST, ETC.
- UCSDBUS.COM

**ZIP-CAR**

Rent a car! To sign up: go to zipcar.com and under the ‘FOR UNIVERSITIES’ tab search for UCSD.

*Small fee is required to use this service.*

**A.S. SAFE RIDES**

...has teamed up with Lyft to provide a safe ride when you need it. Sign up and receive a special promo code for 2 free rides (up to $10 per quarter). Each quarter you will receive a new promo code.

For detailed info: AS.UCSD.EDU/SAFERIDES
BIKESHARING

Spin dockless bikes are available all across campus. Enjoy discounted rates when you register with your @UCSD email address!

transportation.ucsd.edu/mobility/bikeshare.html

SAVE SPACE IN YOUR PLACE WITH HDH BIKE LOCKERS!

Keep your bike clean and secure without the hassle of dragging it through your ResHall suite or apartment!

For locations and rental details, visit hdh.ucsd.edu/gettingaround.html.
CRAVING BANH MI OR NEED A MIDNIGHT SLICE? FLIP THROUGH TO FIND YOUR FIX... THEN GO!

MORNING BUZZ

THERE ARE DAYS WHERE COFFEE DEFINES YOU—SO WHY NOT DRINK THE BEST? ROGER’S MARKET IS WELL KNOWN THROUGHOUT CAMPUS FOR SERVING UP A HOT AND FAST ASSORTMENT OF SPECIALTY ESPRESSO DRINKS. FAIR TRADE CERTIFIED, FULLY CAFFEINATED, AND PLAYS GOOD MUSIC, TOO!

BEST BREAKFAST

PINES TAKES THE PRIZE THIS YEAR FOR BEST PLACE TO GRAB BREAKFAST. HOT, MADE TO ORDER, AND EARLY!

EAT CLEAN

PREFER TO EAT PLANTS? EAT AT ROOTS, WHICH THE STUDENTS VOTED BEST HEALTHY DINING OPTIONS.

FARM FRESH

64 DEGREES IS THE WINNER! COULD IT BE BECAUSE THE LETTUCE AND HERBS ARE HARVESTED FROM OUR VERY OWN GROW TOWERS? COST IS PER OUNCE, SO EAT A LITTLE OR A LOT—JUST MAKE SURE TO MIX UP YOUR GREENS AND OTHER COLORS FOR THE BEST SALAD EVER!

TO DINE... OR TO FINE DINE?

TREAT YOURSELVES AND OTHERS TO A MEAL AT FINE DINING WINNER THE BISTRO, WITH ITS PALATE-PLEASING ASIAN FUSION MENU AND SUSHI BAR!
Midnight Dining

Early to bed and early to rise makes a student miss out on the nightlife. Head to Oceanview, serving food ‘til 1am and voted best late-night dining (also open 24 hours for studying).

Save Room for Dessert

Say “pretty please” and get your sugar—the Oceanview sweet station rules, so say students who voted it best desserts.

Quickest Grab ‘n’ Go

Because you’re sooo busy—check out Goody’s Market. Your amigos say it has the best and fastest Grab ‘n’ Go selection.

Favorite Dining Services Event

Of course the favorite events still include food! Don’t miss the annual Harvest Fest at Pines, Lunar New Year at Canyon Vista, Mardi Gras, May the Fourth be With You, and the most favorite of all favorites—the pre-finals, de-stress brunch at the end of every quarter! #ChocolateFountain

“Learn how to cook, but also don’t be afraid to branch out and try all the dining restaurants!”

“Life is uncertain. Eat dessert first.”
Did you know?

Living on campus gives you access to your own personal registered dietitian. And best of all, the services are free!

- Figure out what health tips are fact or fiction
- Assist students with allergies, or those following a gluten free, vegan, or paleo diet
- Design a personalized eating plan
- Host a group meeting for you and your friends

Contact hdhdietitian@ucsd.edu or call 858.534.2008.

"Eat food that gives you the body sensation you are looking for: energetic, calm, light, satisfied." – HDH Dietitian
ROOTED IN FLAVOR

THIS FALL, HDH WILL LAUNCH ROOTED IN FLAVOR, AN INITIATIVE INSPIRED BY MENUS OF CHANGE, A MOVEMENT FROM THE CULINARY INSTITUTE OF AMERICA AND HARVARD T.H. CHAN SCHOOL OF PUBLIC HEALTH THAT PROMOTES PRINCIPLES OF HEALTHY AND SUSTAINABLE MENUS. BY PROVIDING DELICIOUS AND ENVIRONMENTALLY SUSTAINABLE FOOD OPTIONS, HDH AIMS TO SHOW THAT SMALL CHOICES MAKE A BIG DIFFERENCE!

EATING FOR ENERGY

TO EASILY CREATE A HEALTHY PLATE, FOLLOW THIS GUIDELINE. LIKE WHAT YOU SEE? GRAB THIS YUMMY GARDEN AND GRAIN BOWL AT SIXTY-FOUR NORTH!

1/4 LEAN PROTEIN
1/4 WHOLE GRAIN
1/2 FRUITS & VEGGIES

SPECIALTY DIET / ALLERGENS

DO YOU HAVE A SPECIALTY DIET? WE ARE COMMITTED TO SERVING THOSE WITH SPECIAL DIETARY NEEDS. LOOK FOR THESE ALLERGEN AND SPECIALTY DIET ICONS WHEN ORDERING AT ALL HDH LOCATIONS.
SAVE the DATE

2ND ANNUAL WELL fest

This is a ZERO WASTE campus event!

Birch Aquarium
OCTOBER 18, 2019

UC San Diego
HOUSING • DINING • HOSPITALITY
Wellness and Engagement
HDH ADVENTURES

ADD ADVENTURE TO YOUR UCSD EXPERIENCE! EXCURSIONS TYPICALLY INCLUDE BACKPACKING, ROCK CLIMBING, SNORKELING, HORSEBACK RIDING, SNOWBOARDING, AND MORE! TRIPS SELL OUT QUICKLY—CHECK THE WEB AT RECREATION.UCSD.EDU/ADVENTURES/TRIPS.
BEST RESLIFE ACTIVITIES

NEW EXPERIENCES AND MAKING FRIENDS—THAT’S WHAT COLLEGE IS REALLY ALL ABOUT! THE RESLIFE OFFICES HOLD TONS OF ACTIVITIES THROUGHOUT THE YEAR, STARTING WITH THE UNOLYMPICS IN WEEK ZERO. OTHER FAVES INCLUDE VILLAGE AFTER DARK, OPEN MIC EVENTS, CARNIVALS AND FESTIVALS, MOVIE NIGHTS, AND ANY EVENT WITH FREE FOOD! SO MUCH MORE. SO GET OUT THERE, MINGLE AND EAT!

FRIENDLIEST STAFF

RESIDENTS ADORE THEIR CUSTODIAL STAFF. THESE NICE FOLKS ARE IN AND OUT OF YOUR ROOMS TO CLEAN UP, AND WHAT’S NOT TO LIKE ABOUT THAT? YOU’LL BE SEEING THEM SO OFTEN THAT BY THE END OF THE YEAR THEY’LL FEEL LIKE FAMILY.

"TIME GOES BY SO FAST SO ENJOY IT AND DO AS MANY FUN THINGS AS POSSIBLE! DON’T BE AFRAID TO EXPLORE THINGS YOU WOULDN’T NORMALLY DO."
**Best Beach**

There are lots of options. It is San Diego, after all!

Ok, so Black’s Beach is the closest, La Jolla Shores / Cove is the prettiest (just hop on the 30 bus), Windansea is the best surf spot and Del Mar is amazing. Let’s face it, you can’t go wrong if you find yourself at any beach in the area!

“My nap is a magical place when I suddenly remember everything I was supposed to do.”

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**Study Where You Sleep**

Students had a variety of opinions on the best place to snooze—grab a blanket and head to any grassy spot, or hit up the hammocks by the upper apartments in TMC. Students like almost every level of Geisel Library, too.

“La Jolla Beach is just down the street and always clean. Also, the sunset is always very beautiful.”
**Best Place for a Date**

If you’re going to stay on campus for a date, residents agree that The Bistro is the place to go—the food and ambiance are great, you don’t have to tip, and you can use your Dining Dollars! Maybe check out the sunset before or after dinner (see: Best View).

“The Bistro is the famous date spot. It’s yummy and a perfect place to have a conversation... and you can use Dining Dollars!”

**Best. Views. Ever!**

1. Fallen Star
2. Top of Keeling Apartments
3. 11th Floor of Tioga (secret’s out!)
4. 15th Floor at the Village
5. Canyon Vista
6. Top of Rady
7. Cliffs over Black’s Beach

“Sun God because it brings everyone out and it’s free to students!”

**Best Campus Event**

Fun is where you make it happen. Keep your eyes and ears open for the Weekly Farmer’s Market, Hullabaloo, Fall Y’All, Bear Garden, Sun God!!!, Muir Fest, and soooo much more!
**Get a Job!**

Students say the best and easiest place to get a job is with Dining Services—either in a restaurant or market. It’s flexible, pays some bills, and you get a free meal when you work! You can also work in a lab, the bookstore, at RIMAC... check UCSD’s Handshake website for listings.

“*The markets are a good place to work. They always play cool music and it’s usually a laid back job.*”

**People Meeting**

Put your electronics down and look around, and meeting people won’t be a problem. Students report that UCSD students are “so friendly it’s scary”! So go anywhere—class, Price Center, the gym—and say hi. Guaranteed friends for life.

“*Sometimes your best pals will come from unexpected places! Introduce yourself, make conversation, if you click that’s great and if not that’s okay too, the campus is huge and there are so many amazing people here!*”
INTERESTED IN SUSTAINABILITY?
FIND OUT HOW YOU CAN BE INVOLVED!

THE HDH ECONAULTS

THE ECONAULTS ARE YOUR STUDENT RESOURCE FOR ALL THINGS GREEN! THEY HOST NUMEROUS ACTIVITIES ALL YEAR, INCLUDING TRASH SORTS, CLOTHING SWAPS, RA EVENTS, AND MORE. KEEP AN EYE OUT FOR THEIR NEXT EVENT WITH GAMES AND PRIZES, OR FIND THEIR RAFFLES ON OUR SOCIAL MEDIA PAGES:

@UCSDHOUSINGDINING
@UCSD_HDH

WANT TO LEARN MORE?

VISIT US ONLINE @ HDH.UCSD.EDU/SUSTAINABILITY OR EMAIL ECONAULTS@UCSD.EDU.

HDH GREEN GRANTS

FUNDING IS AVAILABLE FOR YOUR SUSTAINABLE PROJECTS AND IDEAS! APPLY NOW: HDH.UCSD.EDU/GRANTS/PAGES.

THINK YOU KNOW HOW TO LIVE GREEN?

CHECK OUT THE GREEN LIVING GUIDE, YOUR GO-TO REFERENCE FOR LIVING SUSTAINABLY ON CAMPUS—IF YOU’VE GOT WHAT IT TAKES, REACH OUT TO SCHEDULE A GREEN LIVING AUDIT WITH THE ECONAULTS!
RETHINK YOUR WASTE

RECYCLE
RIGID PLASTICS • TO-GO CONTAINERS • BOTTLES AND CANS • PAPER • CARDBOARD

EVER WONDER WHAT HAPPENS WHEN YOU PUT RECYCLABLES IN THOSE BLUE BINS? VISIT OUR WEBSITE TO SEE BEHIND THE SCENES!

BEWARE!
IT’S ILLEGAL TO THROW ELECTRONICS INTO THE TRASH. RECYCLE THEM—ASK YOUR RESLIFE OFFICE ABOUT THE ECONAUT’S GREEN OUTLET PROGRAM, OR CALL EH&S AT 858.534.2753.

TINY BIN TIM
COMPOST YOUR FOOD WASTE AT 64 DEGREES AND ROOTS! WE’RE WORKING WITH ROGER’S URBAN FARM LAB AND ELLIE’S COMMUNITY GARDEN TO TURN YOUR WASTE INTO COMPOST TO GROW FRUITS AND VEGGIES.
Part of your housing contract includes periodic housecleaning and routine maintenance—lucky you!

Our team is super professional, creating a clean and comfortable space for you to feel at home.

Privacy & Respect

We will try not to touch your stuff, but be prepared to have things moved around if you leave them out. Our staff is the nicest around – feel free to talk to them about what they will be cleaning and what you should take care of before they arrive.

The cleaning schedule can be found online at hdh.ucsd.edu.

“Custodians + maintenance are the friendliest staff! They are all very kind! (= props to Martha for always smiling and cleaning for all of us.”
The maintenance team is dedicated to providing you with a cozy living environment that’s free of pesky problems like malfunctioning plumbing and electrical/mechanical/structural defects. Issues?

**Call immediately if you:**

- Hear alarms
- Smell smoke or natural gas
- Experience flooding

Requests are taken 24/7 @ HDH.ucsd.edu or via the customer service center at 858.534.2600.

**Insect, Pest, and Rodent Control**

Contact Environmental Health & Safety (EH&S) at ehspest@ucsd.edu. They will clarify the problem and alert your residential life office.
Menus and hours subject to change.
For current info, visit hdh.ucsd.edu/diningmenus.

Restaurants made-to-order entrées and snacks

- Café Ventanas (ERC)
- Canyon Vista (Warren)
- Foodworx (Sixth)
- Pines (Muir)
- Oceanview (Marshall)
- 64 Degrees (Revelle)

Markets

- John’s (Muir)
- Roger’s (Revelle)
- Goody’s (Marshall)
- Village Market (Village)
- Sixth (Sixth)
- Marketplace at Canyon Vista (Warren)

“Don’t settle. If you find a good dining restaurant, still explore others that you haven’t tried. You might like it even better!”
SPECIALTY LOCATIONS

- **SIXTY-FOUR NORTH** *(REVELLE)*
  Full service, California cuisine

- **ROOTS** *(MUIR)*
  Plant-forward menu items

- **GOODY’S** *(MARSHALL)*
  Customizable burritos, bowls and salads

- **CLUB MED** *(SCHOOL OF MED)*
  Quick flatbreads and toasted sandwiches

- **THE BISTRO** *(VILLAGE)*
  Full service, Asian and sushi bar
**REVELLE COLLEGE**

- **64 DEGREES**
  
  GOOD FOOD AND GOOD HANGS, INCLUDING PRIVATE RELAXATION ROOMS, A DEMO KITCHEN, AND AN OUTDOOR LOUNGE SPACE WITH PING PONG TABLES.

- **SIXTY-FOUR NORTH**
  
  A FULL-SERVICE, SIT DOWN RESTAURANT BOASTING AN ECLECTIC MENU WITH LOCAL PRODUCE. RSVP @ 858.822.6899.

- **ROGER’S MARKET**
  
  POPULAR ESPRESSO BAR, A STACKED FREEZER AND A WIDE VARIETY OF GRAB’N’GO SNACKS AND MEALS.
MUIR COLLEGE

• PINES
  A LITTLE BIT OF EVERYTHING—HOT BREAKFAST, STIR FRY, SUSHI, SALAD BAR, AND AWESOME DESSERTS.

• JOHN’S MARKET
  SPECIALTY ESPRESSO/COFFEE DRINKS, HAND-SCOOPED ICE CREAM, AND FRIENDLY STAFF.

• ROOTS
  ROOTS HAS A VARIED MEAT-FREE MENU, FROM HEARTY ENTRÉES TO SNACKS AND SMOOTHIES.
MARSHALL COLLEGE

• OCEANVIEW
  MAKE-YOUR-OWN PIZZAS, A CERTIFIED GLATT KOSHER SPICE STATION, ESPRESSO AND GELATO BAR. A GREAT LATE NIGHT LOUNGE AND STUDY SPACE.

• GOODY’S PLACE
  BUILD YOUR OWN BURRITOS, BOWLS, AND MEXICAN INSPIRED SALADS—SO GOOD!

• GOODY’S MARKET
  A DOWNSTAIRS MARKET THAT HAS EVERYTHING YOU NEED TO PREPARE A GOURMET DINNER AT HOME.
SIXTH COLLEGE

• FOODWORX
  A SPUNKY LITTLE EATERY BEST KNOWN FOR TOASTED SANDWICHES AND PERSONAL PIZZAS.

• SIXTH MARKET
  STAY STUDY-READY WITH A VARIETY OF SNACKS AND FRIENDLY SERVICE.
ELEANOR ROOSEVELT COLLEGE

• CAFÉ VENTANAS
  KNOWN FOR ITS POKE BOWLS, CAFÉ V IS NICE AND AIRY,
  WITH A LARGE OUTDOOR DINING PATIO OVERLOOKING THE GREEN.

WARREN COLLEGE

• CANYON VISTA
  NEWLY RENOVATED AND SCHEDULED TO OPEN FALL 2019. COMBINATION
  RESTAURANT AND MARKET, OFFERING GLOBAL CUISINE, VEGETARIAN
  SPECIALTIES, ESPRESSO BAR, AND ALL-DAY BREAKFAST.
THE VILLAGE AT TORREY PINES

• THE BISTRO
  OUR PREMIERE FULL-SERVICE RESTAURANT WITH AN ASIAN FUSION MENU AND SUSHI BAR. MAKE A RESERVATION TODAY @ 858.822.4275.

  NEW THIS FALL! THE BISTRO WILL BE OPEN FOR DINNER ON SUNDAY NIGHTS.

• THE VILLAGE MARKET
  THE LARGEST CAMPUS MARKET THAT LITERALLY HAS EVERYTHING.

THE SCHOOL OF MEDICINE

• CLUB MED
  CLUB MED SERVES MADE-TO-ORDER BREAKFAST BURRITOS, FLATBREAD PIZZAS, AND TOASTED SANDWICHES. ACCEPTS DINING DOLLARS, BUT MAKE SURE TO GET THERE BEFORE THEY CLOSE AT 2PM!
HAVE A QUESTION?
NEED TO TALK?

WE ARE HERE FOR OUR CUSTOMERS!

DON’T FEEL LIKE WALKING?

REACH US HERE: 
HDH.UCSD.EDU

OR HERE: 
858.82CNCRG 
(858.822.6274).

WE LIKE FEEDBACK!

HAVE SOMETHING TO SAY? 
LET US KNOW! LEAVE YOUR 
QUESTIONS, COMMENTS, 
OR SUGGESTIONS ON 
OUR SOCIAL MEDIA.

@UCSDHOUSINGDINING 
@UCSD_HDH
HELPFUL INFO & OUR PARTNERS IN RESLIFE

CAMPUS POLICE: 858.534.HELP (4357)

CUSTODIAL / MAINTENANCE CUSTOMER SERVICE: 858.534.2600

RESLIFE OFFICES

- **REVELLE COLLEGE**
  revelle.ucsd.edu
  858.534.3025

- **MARSHALL COLLEGE**
  marshall.ucsd.edu
  858.534.4340

- **ELEANOR ROOSEVELT COLLEGE AND I-HOUSE**
  roosevelt.ucsd.edu
  858.534.2261

- **MUIR COLLEGE**
  muir.ucsd.edu
  858.534.4200

- **WARREN COLLEGE**
  warren.ucsd.edu
  858.534.4581

- **SIXTH COLLEGE**
  sixth.ucsd.edu
  858.822.5268

- **THE VILLAGE**
  hdi.ucsd.edu/thevillage
  858.534.9380

HAVE A GREAT YEAR!
Don’t take yourself too seriously. You’re going to learn and change so much throughout your time at UC San Diego. You don’t need to have everything figured out yet. Go with the flow, explore things you enjoy, work hard and reach out for help and support when you need it (whatever that means for you). This campus has a lot to offer and so does this city. Don’t limit yourself to just your major or your college.

Good luck, work hard, and stay calm—it’s all going to work out.