Salads, Soups & Deli Buffets

Green Salads

Minimum order of 10.

**Triton Green Salad  $3.25 per person (VG, GF)**
Mixed Field Greens, Shredded Carrot, Cucumber, Tomato, Artichoke Hearts, Red Onion, and choice of Balsamic Vinaigrette, Red Wine Vinaigrette or Ranch Dressing (contains Dairy).

**Apple Walnut Salad  $3.50 per person (VG, GF)**
Organic Spring Mix, Baby Arugula, Butter Lettuce, Red Delicious and Granny Smith Apples, Cucumber, toasted Walnuts, Red Grapes, and Apple Cider Vinaigrette

**Caesar Salad  $3.25 per person**
Chopped Romaine and Baby Kale, Roma Tomatoes, Parmesan, House-made Croutons, and Caesar Dressing

**Greek Salad  $3.50 per person (V, GF)**
Romaine, Mixed Greens, Artichoke Hearts, Feta Cheese, Garbanzo Beans, Kalamata Olives, Marinated Red Onions, Tomatoes, Cucumbers. Served with Balsamic Vinaigrette

**Spinach Salad  $5.75 per person (VG, GF)**
Spinach and Mixed Greens with fresh Strawberry, Cucumber, Red Onion, Dried Cranberries, sliced Almonds, and Red Wine Vinaigrette

**Chipotle Caesar Salad  $6.50 per person (GF)**
Chopped Romaine and Baby Kale with grilled Avocado, roasted Corn, Tomato, and toasted Pepitas with a Chipotle Lime Caesar Dressing

**Asian Chopped Salad  $4.50 per person (V)**
Romaine, Iceberg Lettuce, Red Cabbage, Sprouts, Snow Peas, shredded Carrot, crispy Wonton Strips, Mandarin Oranges, toasted Almonds, and Sesame Ginger Dressing

**Charred Romaine Salad  $5.25 per person (VG, GF)**
Charred Chopped Romaine, Edamame, Carrot, English Cucumber, and Roma Tomatoes with Edamame Vinaigrette
Salads, Soups & Deli Buffets

New and Noteworthy
Priced per person. Minimum order of 10.

**Chopped Vegetable Strawberry Salad**  $5.25 (VG, GF)
Roasted Parsnips and tricolor Spring Carrots, Baby Spinach, Strawberries, Walnuts, Cucumber, Red Onion, and Balsamic Vinaigrette

**Panzanella Salad**  $3.95 (VG)
Tuscan-style Tomato and Bread Salad with toasted Garlic-seasoned French Bread, fresh Roma and Oven Roasted Tomato, Cucumber, Red Onion, Basil, chopped Romaine, and Red Wine Vinaigrette

**Vegetable Barley Salad**  $2.95 (VG)
Tomato, Baby Spinach, Kalamata Olive, Artichoke Hearts, Red Bell Pepper, Cucumber, Red Onion, and fresh Basil tossed with seasoned Barley and Balsamic Vinaigrette

**Quinoa and Beet Salad**  $2.95 (VG, GF)
Red & White Quinoa, roasted Gold Beets, chopped Zucchini, Yellow Squash, Carrot, and Red Onion with fresh Basil and Balsamic Glaze

**Pesto Pasta Salad**  $3.95 (V)
Penne with Tomato, Basil Pesto, Parmesan, Cucumber, and roasted Sunflower Seeds (Gluten free option available)

**Green Papaya Salad**  $4.75 (VG, GF)
Cilantro, Thai Basil, Mint, roasted Peanuts, Jalapeño, fresh Mango, Jicama, and Green Cabbage with Vietnamese Vinaigrette

**Not So Waldorf Salad**  $4.50 (VG, GF)
Granny Smith Apples, Red Grapes, and Walnuts with Jicama, Baby Arugula, roasted Carrots and Parsnips, and Red Wine Vinaigrette

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**Salad Enhancements**
Priced per person. Minimum order of 10.

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Grilled Garlic &amp; Herb Marinated Tri-Tip</td>
<td>$4.50  (GF)</td>
</tr>
<tr>
<td>Roasted Basil Chicken Breast</td>
<td>$4.50  (GF)</td>
</tr>
<tr>
<td>Grilled Cajun Seasoned Shrimp</td>
<td>$5.25  (GF)</td>
</tr>
<tr>
<td>Seared Ahi Tuna</td>
<td>$6.95  (GF)</td>
</tr>
<tr>
<td>Roasted Smoked Tofu</td>
<td>$3.25  (VG, GF)</td>
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</tbody>
</table>
Salads, Soups & Deli Buffets

Hearty Salads
Priced per person. Minimum order of 10.

**Orzo Salad**  $4.00 (V)
Orzo Pasta, Cucumbers, Red Onions, Feta, and Cherry Tomatoes with Lemon Vinaigrette

**Orange Scented Couscous Salad**  $3.25 (VG)
With fresh Parsley, Scallions, Golden Raisins, and Pine Nuts

**Gold Beet Salad**  $4.25 (VG, GF)
Gold Beets, Celery, Watermelon Radish, Naval Orange Supreme, Dried Cranberries, Baby Spinach, and Citrus Vinaigrette

**Caprese Salad**  $6.50 (V, GF)
Fresh Mozzarella, Basil, and Tomato with Balsamic Glaze

**Roasted Chicken Salad**  $4.50 (GF)
Roasted Chicken Breast with Celery, Granny Smith Apples, and creamy Dressing

**Asian Cucumber Salad**  $2.95 (VG)
Cucumber, Red Onion, Tomato, and Sesame Seeds in a Hoisin Plum Sauce

**Albacore Tuna Salad**  $4.50 (GF)
Made with Celery, Red Onion, and Sweet Pickle Relish

**Kale & Millet Tabbouleh Style Salad**  $3.25 (VG, GF)
With Tomato, Cucumber, Parsley, Red Onion, Lemon, and Olive Oil

**Hawaiian Macaroni Salad**  $2.95 (V)
With Carrot, Celery, Onion, and creamy house-made Hawaiian Dressing

**Granny Smith Apple & Kale Coleslaw**  $3.25 (V, GF)
Granny Smith Apples, shredded Jicama, Baby Kale, Red & Green Cabbage, and Carrot with toasted Sunflower Seeds, Red Onion, Chives, and Creamy Apple Cider Vinaigrette

**Antipasti Salad**  $5.50 (GF)
Chopped Romaine, Genoa Salami, Black Forest Ham, shredded Mozzarella, Pepperoncini, Kalamata Olives, Artichoke Hearts, Heirloom Cherry Tomatoes, and Red Onion with Basil Vinaigrette
Salads, Soups & Deli Buffets

Signature Soups
Price per gallon. 16 Servings per Gallon

- **Tomato Bisque** $48.00 (V)
- **Butternut Squash Soup** $36.00 (VG, GF)
- **Carrot Ginger Soup** $36.00 (V, GF)
- **3-Bean Chili** $38.50 (VG, GF)
- **Clam Chowder** $57.50
- **Minestrone Soup** $38.50 (VG)
- **Mushroom Bisque** $51.00 (V, GF)
- **Parmesan Twists** $14.95 for 18 (V)

BUILD YOUR OWN BOWL

- **Quinoa Harvest Bowl** $11.50 per person (VG, GF)
  Red & White Quinoa, Black Forbidden Rice, roasted Sweet Corn, Chili Garlic Edamame, Heirloom Tomatoes, Cucumber, and Pickled Red Onion

- **Lentil Harvest Bowl** $11.50 per person (VG, GF)
  Black Lentils, Basmati Rice, Zaatar Seasoned Purple Cauliflower, Romanesco, Yukon Gold Potatoes, Mini Bell Peppers, Zucchini, and Golden Raisins. Served with a Roasted Eggplant and Tomato Sauce

- **Roasted Vegetable Southwest Quinoa Bowl** $11.50 per person (VG, GF)
  Roasted Red Beets, Carrots, Fingerling Potatoes, Red Quinoa, Corn, Black Beans, and Southwest Seasoning
**Deli Buffets**

Buffet minimum order for 10 Guests; 1 buffet selection per order

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**Deluxe Deli Buffet  $14.75 per person**
Choice of 2: Black Forest Ham, Roast Beef, or Roasted Turkey Breast (GF)

**Served with:**
- Focaccia Buns, Sliced Sourdough and Sliced Whole Wheat Loaf Bread (V)
- Provolone Cheese, Cheddar Cheese (V), Hummus (VG)
- Triton Green Salad with Basil Vinaigrette (V, GF)
- Dijon Mustard and Mayo
- Green Leaf Lettuce, sliced Red Bell Pepper, and Sprouts
- Pepperoncini, Cherry Peppers, Tomatoes, Red Onion
- House-made Seasoned Potato Chips and Pickle Spears (V, GF)

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**Ultimate Deli Buffet  $21.25 per person**
Choice of 3: Roast Beef, Roasted Turkey Breast, Black Forest Ham, Genoa Salami, or Roasted Chicken Salad with Apples and Celery, or Albacore Tuna Salad (GF)

**Served with:**
- Focaccia Buns, Sliced Sourdough, Ciabatta Roll and Sliced Whole Wheat Loaf Bread (V)
- Provolone Cheese, Cheddar Cheese (V), Hummus (VG)
- Caprese Platter (V, GF)
- Triton Green Salad with Basil Vinaigrette (V, GF)
- Dijon Mustard, Mayo, Creamy Pesto Spread, Sun-dried Tomato Spread
- Green Leaf Lettuce, sliced Red Bell Pepper, Sprouts
- Pepperoncini, Cherry Peppers, Tomatoes, Red Onion
- House-made Seasoned Potato Chips and Pickle Spears (V, GF)

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**Thankful Add-on**

**Loaf of Gluten Free Bread  $9.00**
8 Slices; serves 4 Guests